

Family Diversity in Canada: Vanier Institute Resources

To learn more about family diversity in Canada, explore the resources below, which provide information and insights on families and family life in multiple formats.

The Vanier Institute of the Family offers an extensive list of publications and resources, which are available at www.vanierinstitute.ca/resources.

Sign up for our monthly e-newsletter to find out about updates, as well as other news about publications, projects and initiatives from the Vanier Institute, at www.vanierinstitute.ca/enews-signup.



Family Diversity in Canada: 2016 Census Update (infographic)

A portrait of family diversity in Canada, including data on family structures, family experiences, living arrangements, as well as the ethnocultural background, immigration status, sexual orientation and diverse abilities of family members.



Families in Canada Interactive Timeline (online resource)

An online resource from the Vanier Institute that highlights trends on diverse topics such as motherhood and fatherhood, family relationships, living arrangements, children and seniors, work-life, health and well-being, family care and much more.



What's in a Name? Defining Family in a Diverse Society (article)

The late Alan Mirabelli (former Executive Director of Administration at the Vanier Institute) discusses family diversity, the Vanier Institute's functional definition of family and fostering inclusion.



Modern Couples in Canada: 2016 Census Update (infographic)

A statistical two-page overview of modern couples in Canada, including data on couple types, parenthood, work and family, diversity within couples and trends in marital status.



Andrew Solomon: Diversity, Difference, Disability and Families (video)

Award-winning author and lecturer Andrew Solomon, PhD, delivers a powerful keynote presentation about diversity, difference and disability at the Families in Canada Conference 2015.



The Canadian Family: Redefining Inclusion (video)

A June 2017 panel discussion hosted by Roots of Empathy (featuring Vanier CEO Nora Spinks), an event that brought together leaders and educators to discuss diversity, inclusion and modern families in Canada.



Canada's Families on the Farm (infographic)

A brief portrait of farm families and how they've changed over the past several decades, including data on farm family demographics, households and evolving work-family experiences.



A Snapshot of Military and Veteran Families in Canada (statistical resource)

A statistical overview of military and Veteran families in Canada, including research and data on family composition, family relationships and the impact of military life on family well-being.



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A Snapshot of Family Diversity in Canada (statistical resource)

A statistical exploration of family diversity in Canada, providing an expanded and more detailed portrait of modern families in Canada, as well as some of the trends that have shaped our vibrant and evolving family landscape over the years.



Facts and Stats: Indigenous Families in Canada (fact sheet)

This fact sheet compiles Statistics Canada data to highlight some of the family realities of First Nations people, Métis and Inuit in Canada.



Strength in Diversity: Positive Impacts of Children with Disabilities (article)

Michelle R. Lodewyks applies a strength-based lens to discussion on families and disability, sharing new research on the positive impacts that can result from raising children with disabilities.



Polyamory, Diversity and Family Life (article)

Sandee Lovas provides shares first-hand reflections on her experiences with polyamorous relationships and family life.



Sharing a Roof: Multi-generational Homes in Canada (2016 Census Update) (article)

Nathan Battams explores multi-generational households and the family experiences of those who are sharing a roof.



Research Recap: School Experiences of Children in Military Families (research summary)

Emily Beckett highlights new research on the impact of mobility on the school experiences of children in military families.



Supporting the Health of Mothers and Their Babies in the Context of Incarceration (article)

Dr. Ruth Elwood Martin and Brenda Tole reflect on their experiences with the mother-child unit at the Alouette Correctional Centre for Women.



Facts and Stats: Families and Mental Health in Canada (fact sheet)

This fact sheet provides research and statistics on mental health and mental illnesses, caregiving, family support and recovery in Canada.